



Genetic Concerns

Do you have a personal and/or family history of a genetic condition, or a medical condition you are concerned could be hereditary?

Have you had or are you considering genetic testing for a genetic or other medical condition?

Are you waiting to see a geneticist, but would like to talk with a specialist ahead of that visit to get more information?



If you can relate to these questions, you may benefit from a [Pediatric or General Adult Genetic Counseling Consultation](#).

What to expect from your Pediatric or General Adult Genetic Counseling



Consultation

[Our team](#) of certified and genetic counselors is dedicated to helping you navigate your genetic health and provide up-to-date care recommendations. We begin by reviewing your personal medical history, your detailed family history, and any concerns you may have. After analyzing that information, we discuss any concerns regarding a potential underlying genetic condition.

Sometimes, individuals who see a genetic counselor for a [Pediatric or General Adult Genetic Counseling Consultation](#) will also need to be seen by a geneticist (a doctor who specializes in genetics) because many genetic conditions are diagnosed by either a physical exam, lab work, or both, which need to be done by a doctor. Our office forwards the genetic counseling consultation summary to the person's geneticist so the doctor has all of the detailed relevant information ahead of that appointment.

[Schedule Appointment](#)

How to prepare for your appointment

It is important to come to your appointment with any specific questions or concerns that you have so that the genetic counselor can be sure to address those during your visit.

A [Pediatric or General Adult Genetic Counseling Consultation](#) also includes a detailed medical and [family history](#), so it may be helpful to talk with relatives ahead of the visit to gather information about their health history. Some things to ask about can include:

- Health concerns ([cancer](#), diabetes, [heart disease](#)), including the age they were diagnosed
- Any diagnosis of a genetic condition
- Babies who have had to have surgery
- Babies who have died shortly after birth
- Family members with any delays (not walking or talking on schedule, needing help in school, [autism spectrum disorder](#), etc)

It is common for there to be limitations to gathering family health history, including a loss of contact, family members not wanting to share their health history, or someone being adopted. It is helpful to gather as much information that is comfortable to ask for.

If you have already had genetic or any other testing done that you would like to discuss with the genetic counselor it is important to forward that information along to GSF ahead of your



appointment so the genetic counselor can review it.

How much does a Pediatric or General Adult Genetic Counseling Consultation cost?

The cost for genetic counseling is \$250, which can be paid securely online by credit card or arrangements can be made to pay by check. It is both the philosophy and practice at GSF that genetic services, including genetic counseling, should be available to those in need, regardless of ability to pay. For this reason, we have financial aid available for those who qualify.

Do you accept insurance? Do you have a financial assistance program?

Please visit our [FAQ page](#) for billing, insurance, and other common questions.

Common reasons for a Pediatric or General Adult Genetic Counseling Consultation

- [Newborn Screening](#)
- [Childhood development](#) (including [developmental delays](#), [intellectual disability](#), [autism spectrum disorder](#), [congenital hearing loss](#), etc)
- [Metabolic disorders](#) (including amino acid disorders, mitochondrial disorders, fatty acid oxidation disorders, peroxisomal disorders, etc)
- [Heart and Cardiovascular conditions](#) (including [arrhythmogenic right ventricular cardiomyopathy](#), [Brugada syndrome](#), [catecholaminergic polymorphic ventricular tachycardia](#), [Long QT syndrome](#), [familial dilated cardiomyopathy](#), [familial hypertrophic cardiomyopathy](#), [left ventricular noncompaction](#), [familial hypercholesterolemia](#), [vascular Ehlers-Danlos syndrome](#), etc)
- [Connective Tissue Disorders](#) (including [hypermobile Ehlers-Danlos syndrome](#), [classical Ehlers-Danlos syndrome](#), [Marfan syndrome](#), etc)
- [Personalized Medicine](#) (including [tumor testing](#), [predictive](#) and [prognostic testing](#), [direct-to-consumer testing](#), [pharmacogenomic testing](#), [ancestry testing](#), etc)
- Please see our [case studies](#) for more examples.

Questions? Please call us at 844.743.6384.