



## **Cancer Concerns**

*Do you have a personal and/or family history of cancer?*

*Have you had or are you considering genetic testing for cancer-related concerns?*

*Do you want to learn more about the risk of developing cancer, what type of screening and prevention strategies are available, and what this means for your relatives?*



If you can relate these questions or have your own questions, you may benefit from a



[Personalized Cancer Risk Assessment](#) with a genetic counselor.

### **What to expect from your Personalized Cancer Risk Assessment**

[Our team](#) of certified genetic counselors is dedicated to helping you navigate your genetic health and provide up-to-date care recommendations.

We begin by reviewing your personal medical history, your detailed [family history](#), and any concerns you may have. With all that information in hand, we are able to make recommendations to best address your cancer-related questions or concerns. Those recommendations may include [genetic testing](#), talking with relatives, obtaining additional information, and/or a personalized screening and prevention plan.

We will provide you and your medical providers with a summary of our discussion and recommendations. If we recommend [genetic testing](#), we will help identify a genetic testing laboratory that meets your individual concerns and insurance needs. We will review your results with you and any care recommendations for you and your relatives based on your test results.

### [Schedule Appointment](#)

### **How to prepare for your appointment**

The more information we have in advance of your [Personalized Cancer Risk Assessment](#), the more personalized and accurate our assessment and recommendations can be. Please be sure we have your medical records including any pathology reports, genetic test results, and other related medical records.

We also recommend speaking with your relatives to identify who in the family has had cancer. It is helpful to know roughly how old your relative was at the time of their diagnosis, where in their body did their cancer first start, and if they've already had genetic testing.

It is common for there to be limitations to gathering family health history, including a loss of contact, family members not wanting to share their health history, or someone being adopted. It is helpful to gather as much information that is comfortable to ask for.

### **Genetic Testing**

[Genetic testing](#) can be a part of our cancer risk assessment care recommendations; however, genetic testing is not always the best way to address your individual questions.



Part of the discussion involves reviewing the pros and cons of genetic testing, as well as the limitations of the various testing options. If you've had genetic testing, we can review your results with you and generate your personalized care recommendations.

We are independent genetic counselors, which means we are not tied to or affiliated in any way with the many for-profit genetic testing companies. We are dedicated to helping our patients identify the most effective way to address their individual cancer-related concerns.

### **How much does a Personalized Cancer Risk Assessment cost?**

The cost for genetic counseling is \$250, which can be paid securely online by credit card or arrangements can be made to pay by check. It is both the philosophy and practice at GSF that genetic services, including genetic counseling, should be available to those in need, regardless of ability to pay. For this reason, we have financial aid available for those who qualify.

### **Do you accept insurance? Do you have a financial assistance program?**

Visit our '[FAQs](#)' page to learn more about billing and our patient assistance program.

### **Common reasons for a Personalized Cancer Risk Assessment**

Some people seek genetic counseling because they have a personal or family history that is suspicious for an inherited predisposition for certain types of cancer, such as:

- Male or female [breast cancer](#)
- [Ovarian cancer](#)
- [Uterine/endometrial cancer](#)
- [Colorectal cancer](#)
- [Pancreatic cancer](#)
- [Gastric/stomach cancer](#)
- [Prostate cancer](#)
- [Medullary thyroid cancer](#)
- Colon polyps
- [Neuroendocrine tumors](#) (paragangliomas, pheochromocytomas, etc)
- Other rare tumors or cancers
- Multiple cancers in one individual

Others may want to see a genetic counselor because there is a known genetic cause for cancer in their family, including:



## Cancer Genetic Counseling and Personalized Risk Assessment

- [Hereditary Breast and Ovarian \(HBOC\) syndrome \(BRCA1 and BRCA2 genes\)](#)
- [Lynch syndrome \(MLH1, MSH2, MSH6, PMS2, and EPCAM genes\)](#)
- [ATM-related breast cancer \(ATM gene\)](#)
- [Hereditary Diffuse Gastric Cancer syndrome \(CDH1 gene\)](#)
- [CHEK2-related breast and colon cancer \(CHEK2 gene\)](#)
- [NBN-related breast cancer \(NBN gene\)](#)
- [Neurofibromatosis, type 1 \(NF1 gene\)](#)
- [Neurofibromatosis, type 2 \(NF2\)](#)
- [PALB2-related breast cancer \(PALB2 gene\)](#)
- [Cowden syndrome \(PTEN gene\)](#)
- [Peutz-Jeghers syndrome \(STK11 gene\)](#)
- [Li-Fraumeni syndrome \(TP53 gene\)](#)
- [Familial Adenomatous Polyposis \(FAP\) \(APC gene\)](#)
- [Juvenile Polyposis syndrome \(BMPR1A and SMAD4 genes\)](#)
- [MUTYH-associated polyposis \(MUTYH gene\)](#)
- [Wilms tumor](#)
- [Von Hippel-Lindau syndrome \(VHL gene\)](#)
- [Tuberous sclerosis \(TSC1 and TSC2 genes\)](#)
- [Multiple Endocrine Neoplasia, type 2 \(MEN2\) \(RET gene\)](#)
- [Retinoblastoma \(RB1 gene\)](#)

**Questions? Please call us at 844.743.6384**