



Finding out that your baby has a genetic condition syndrome during the pregnancy is often experienced as shocking news for individuals and their families. This is likely not what you anticipated or expected and learning about a new diagnosis can feel frightening and overwhelming. We encourage individuals and couples to make sure that they have all of the information they need to make an informed decision about what to do next. You can find up-to-date information regarding many prenatally diagnosed conditions [here](#).

What options lie ahead for you may depend on the specific condition diagnosed in the pregnancy, but there are three main paths that are often considered when deciding about next steps....

- [Continue the Pregnancy and Prepare](#)
- [Continue and Place your Baby for Adoption](#)
- [Choosing Not to Continue the Pregnancy](#)