



# Genetic Counseling

## Neurology Referral Indications

### When should a neurology patient be referred to genetic counseling?

There are many reasons why someone could benefit from meeting with a genetic counselor. To the right are examples of some of the most common neurology indications. You are always welcome to contact our team by calling 360-485-0115 or by emailing [gc@geneticsupport.org](mailto:gc@geneticsupport.org) to discuss a referral.

Some indications are best served in combination with medical geneticist support and would not be appropriate for genetic counseling-only visits at GSF. We will help navigate this upon the referral.

*\*Family history typically includes first- (parent, sibling, child), second- (grandparent, aunt/uncle, niece/nephew, half-sibling), and third- (first cousin, great-grandparents, great-uncles/aunts) degree relatives.*

#### Personal or \*family history of:

- Neurodegenerative disorders**, e.g., Huntington disease, early-onset (<65 yo) Alzheimer's disease, frontotemporal dementia
- Neuromuscular disorders**, e.g., amyotrophic lateral sclerosis, muscular dystrophies, myotonic dystrophy, spinal muscular atrophy
- Neuropathies**, e.g., Charcot-Marie-Tooth, hereditary neuropathy with liability to pressure palsies
- Epilepsy** (both syndromic and non-syndromic)
- Neurodevelopmental disorders**, e.g., developmental delay, intellectual disability, autism spectrum disorder
- Ataxias**, e.g., Friedreich ataxia, spinocerebellar ataxia, fragile X tremor/ataxia, ataxia-telangiectasia
- Increased risk genetic test result**, e.g., APOE e4 allele

### How can I refer a patient to Genetic Support Foundation?

It's simple and easy to refer your patient for genetic counseling. Just fill out our [Genetic Counseling Neurology Referral Fax Form](#) and fax this form along with the relevant medical records and insurance information to 844-813-3892. We'll then contact the patient to schedule an appointment. We'll also send you a thorough note documenting the visit.

If genetic testing is recommended, we'll coordinate the most appropriate genetic testing. Once the results are back, we'll contact the patient to review the results, how to share the information with family members, as well as the next steps that may be recommended for them. Your office will get a copy of the results and summary letter.