

Could breast cancer run in my family?

Most of the time, breast and other types of cancer are not inherited. However, cancer is caused by an inherited risk factor about 10% of the time.



Your **family history** can help us understand your chance of having an inherited cancer risk. It is important to consider **all** types of cancer on **both** sides of your family.



Identifying an inherited cancer risk through genetic testing can inform **screening, treatment, and risk-reducing** practices for you and your family members.



Signs of an inherited risk for breast cancer include:

A family history (on either side) of:



Multiple family members with breast and/or prostate cancer



Breast cancer diagnosed at age 50 or younger



Breast cancer diagnosed in a person assigned male at birth



Ovarian, pancreatic, or metastatic prostate cancer

If you recognize signs of an inherited risk for breast cancer in your personal or family history, talk to your provider or make an appointment with a genetic counselor at **Genetic Support Foundation.**



Genetic Support Foundation
www.geneticsupportfoundation.org
844-743-6384